

Teenage Pregnancy Up-date for Health Scrutiny Panel 13th March 2007

1. Health provision

- 2 health visitors worked with young parents – however this has been suspended due to ongoing issues in the PCT
- Dedicated midwife in place, Brent
- Young people's services have been set up in Monks Park Community Clinic at times that young people can access them.
Monday – Young People's contraceptive service 3.30 – 6.30
Tuesday Brook – Young People's Sexual health service 3.30 – 6.30
Friday – Young People's Drop in – TIME4U – a multi-agency service where young people can access information, advice and support from agencies such as housing, CNX, Sexual health, teenage pregnancy, mental health and well being.
- Emergency Hormonal Contraception – for 13 – 19yr olds, 15 designated pharmacists have been trained to deliver this to young people.
- Launch of these services, EHC and TIME4U planned for 20th April, to be in two parts dignitaries, professionals in the morning and young people focused in the afternoon. Young people are to be involved in planning the launch session in the afternoon.
- Young people's GUM sessions at Patrick Clements Clinic and Northwick Park - ongoing.

2. Extending the role of personnel

- Sexual health/teen pregnancy team has been set up – multi-agency working in schools/community settings.
Supporting/advising/signposting young people.
Team members link in with other colleagues BCYP, KYC and The African Child.
- Young person attends GUM young people's clinics at Northwick Park and Patrick Clements. Works with clinics to make them young people friendly and with the young people to address multiple needs.
- New post created, jointly funded PCT and Children and Families – SRE Community Outreach Worker – to work within the community in hotspot areas of Harlesden and Stonebridge. The role will focus on engaging young people in workshops/training around sexual health, self esteem and confidence building, advice, information and sign posting to other agencies so that young people can make informed choices. Parents will also be engaged and training developed and delivered round issues of young people's sexual health. The role will work closely with other organisations working within the community, Youth Service, BEARS.

3. Data requests

- Quarterly data received from Teenage Pregnancy Unit.
- Yearly data received from TP Unit – however this is 15 months behind
- PCT data received yearly on conceptions and terminations.
- Stronger links have been made between PCT and Children and Families Informatics teams.
- Performance Management of Teenage Pregnancy has been set up within Children and Families.

4. Services

- 'SAFE' campaign developed – accessing condoms in the community - ongoing
- Teens and Toddlers Programme implemented. Programme consists of one afternoon a week for twenty weeks. Funded through NRF and Teenage Pregnancy Implementation Funding. Young people identified by the school as at risk/vulnerable are paired with a toddler in a nursery for part of the afternoon and then attend classroom sessions, addressing issues, amongst others, of self esteem, anger management and sexual health. Programme now in its third project, 3 secondary schools and four nurseries/nursery schools have been involved in the project. 12 Brent workers have been recruited as trainee facilitators and are nearly through a twelve month training programme. A sustainability programme is being drawn up and recruitment of further trainee facilitators will commence in May 2007.

5. Joint logo/working/media

- Condom distribution and Emergency Hormonal Contraception are under the 'SAFE' campaign umbrella.
- A logo has been identified and agreed by the Teenage Pregnancy Partnership Board TIME4U. Consultation was undertaken with young people in Brent regarding the logo and the poster. The initial design for the poster was drawn by two young people and further developed by a local graphic artist.
- Sexual health Strategy meetings have been set up on a regular basis
- Posters/flyers produced for launch of young people's service 20th April. Adverts on buses, Brent magazine, young people's magazine, LIFE FM
- Jingles are being produced around sexual health, young people's services to be aired over LIFE FM, internet radio
- Young people to attend a project run through LIFE FM to learn how to set up a radio show. They will then go live with a show that they have researched, produced, around issues of young people and their sexual health.

6. As above

- Sexual Health and TP strategy linked

7. Performance management

- Sessions held in schools under the healthy schools umbrella, working with the Healthy schools Standards
- 15 colleagues from Partner agencies attended Training the Trainers course, funded by Health schools co-ordinator – to bring facilitators going into schools to a specific level – training is accredited. In partnership with PCT's sexual health and Substance Misuse Training officer
- Ongoing training following on from training the trainers.
- Monitoring form devised by PCT's Sexual Health and Substance Misuse Training Officer. This is at present being piloted in all agencies working with young people on these issues.
- Self Assessment Toolkit – developed by the Teenage Pregnancy Unit is being implemented at present. The self assessment is out for consultation with agencies. To be collated and fed back to TP Unit April 07.

8. Consultation

- Young parents consultation day 22nd April. This day went very well, 32 young parents attended and took part in workshops around health, housing leisure, childcare.
- Connexions Consultation day – team member involved in steering group. Questions added around issues of sexual health services and access/confidentiality
- Young people are asked about services and accessing them during sessions held on school health days.
- Young people were involved in designing the poster for TIME4U
- Young people were consulted from yr10 health day and yr 12 and Brent Community Friends regarding the poster
- Young fathers group to be set up March 07
- Young People's forum to be set up by new post SRE Community Outreach Worker – May/June 07
- DVD developed by young people through a project funded by NRF project managed by Sexual Health on Call– Blue Movie - the story of a blueberry condom. Lesson plans accompany the DVD and three peer educators deliver sessions using the DVD letters have gone out to all secondary schools regarding the DVD and some sessions have taken place in schools and Pupil Referral Units. The DVD has been shown to ministers and received a very good reception

9. Support for Governors

- This is under development in partnership with Healthy Schools, Sandy Youngson, YP Sexual health and Substance Misuse Training Officer,
And the YP Sexual Health Advice and Support Manager.

10. Parental involvement

- 3 Dr Foster's magazines produced, for parents, girls and boys.
- Healthy schools working with some schools regarding SRE policy and consultation with staff, parents and children and young people.
- Speakeasy - parents recruited to Speak Easy Programme in Preston Manor.
- 10 foster carers attended Speak Easy training.
- 4 foster carers attended Speak Easy facilitator training – this will now be rolled out to other foster carers, programme embedded in foster carers training.
- Parentline Plus running programme for 15 parents, to contain a strong element looking at the sexual health and relationships of their teenagers. This programme is based at the Willows Children Centre
- Parentline Plus to hold event day for teenage parents' in April. This will be a taster session to assess their needs and what would engage them in the programme.
- Parenting support/training to be set up by new SRE Community Outreach post May/June 07
- Young fathers group to be set up March 07

11. Joint forum PCT/LA

- Sexual Health Networking Meetings – multi-agency attendance - ongoing
- Sexual health strategy meetings set up

Data received from the Teenage Pregnancy Unit February 2007 continued to show a downward curve on Brent's TP figures for 2005. This I believe was in part due to the amount of work the multi-agency partnership undertook delivering session on sexual health, relationships and self esteem through school health days. The school nursing team and in particular the School Nurse Health Promotion Role played a major part in this. School Nurse Health Promotion also delivers session on puberty and development in primary schools. However this is now under threat due to PCT cutbacks. There is a strong possibility that there will be a loss in numbers of schools nurses and the health promotion role. This I believe will not only impact on teenage pregnancy, young people's sexual health but on other factors relating to amongst others childhood obesity and healthy eating.

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